

First Year Academic Milestones

Freshman Year

Objective: Build your foundation

- Get familiar with yourself and identify strengths/interests/career goals
- Take foundational courses for both core education and your major
- Determine learning style and skills that support that style
- Learn to manage your time successfully for work-life balance
- Establish strong GPA
- Get involved in campus activities/clubs/organizations
- Make friends
- Discuss emotional or mental health with a counselor, if needed

Put these reminders in your phone or planner!

Timeline:

August-September

- Use your syllabus to plan your semester
- Begin meeting with professors during office hours
- Become familiar with campus resources to utilize, as needed
- Find campus activities and organizations to get involved in and meet people
- Attend your scheduled Advising 101
- Attend any departmental events for your major

October

- Apply for FAFSA for the following academic year
- Get advised by Take Flight Counselor for Spring classes
- Check in with professors to discuss midterms
- Utilize Learning Center for tutoring and academic coaching, as needed

November

- Register for Spring semester
- Follow up with Take Flight Counselor on progress in semester

December

- Check grades and adjust schedule, if needed

January

- Use your syllabus to plan your semester
- Begin meeting with professors during office hours
- Visit the Career Center to learn ways to prepare for the future
- Apply for scholarships

February-March

- Get advised by your Take Flight Counselor for Summer and Fall classes
- Connect with your faculty or department advisor and file degree plan
- Check in with professors to discuss midterms

April

- Register for Summer and Fall semesters

May

- Check grades and adjust schedule, if needed

Summer

- Rest!
- Take courses, if needed
- Look for enrichment opportunities to prepare for the future