



# WHAT'S YOUR MAJOR?



**NAME:** LaDara

**MAJOR:** Psychology

**CLASSIFICATION:** Sophomore

**TELL THE STORY OF HOW YOU FOUND THIS MAJOR:**

Going into college, I thought I had to major in biology to be a pre-med student, but as I started to do more research and look into other majors, I discovered a love for psychology. I was fascinated by the functions of the brain and the idea of how our physical state and environment can affect our behavior and mental processes. Once I found out that psychology was one of the recommended majors for pre-med students, I made the decision to become a psychology major.

**WHAT TIPS DO YOU HAVE FOR FIRST-YEAR STUDENTS:**

My tips for first year students would be to build a consist schedule that works best for your study habits. Don't be afraid to use your resources and ask for help if you are struggling to understand the material in class or unclear about the instructions.

