NAME: Gavvy

MAJOR: Communication Studies and Political Science

CLASSIFICATION: Sophomore

TELL THE STORY OF HOW YOU FOUND THIS MAJOR:
I chose to be a Communication Studies and Political Science double-major because the way that we communicate, and communication as a whole is so incredibly important in our society. And, in our current political climate, the relationships and how we formulate those conversations becomes increasingly more important to pay attention to. It's up to us as students who will soon be at the center of those conversations to be informed and ready to be the change we wish to see.

WHAT TIPS DO YOU HAVE FOR FIRST-YEAR STUDENTS:
First, get involved! This looks different for everyone in college, but find your community and build those relationships! Second, as important as studying and student organizations and everything else is, take time for yourself! You cannot accomplish everything you're meant to if you aren't resting and taking care of yourself! Third, STAY HYDRATED!!! A lot of students don't realize how important this is!